

# Manchester House Newsletter March 2025

issue 47

[www.manchesterhouse.co.nz](http://www.manchesterhouse.co.nz)



## WORKING BEE ASAP GARDEN



Our Before and After School Centre gardens received a fantastic makeover, thanks to the dedicated teams from **Thrive** and **All Tree Services** as well as our **Board Members and Staff**. They rolled up their sleeves and transformed the previously overgrown space into a more open and inviting environment. We truly appreciate your support!

## CONTACT

68 Aorangi Street  
PO Box 349 Feilding  
06 3237191  
[reception@mhss.org.nz](mailto:reception@mhss.org.nz)

## DONATE

Please donate to help support our community

By Eftpos/cash @  
68 Aorangi Street,  
Feilding

By Internet banking on  
03 626 0631496 002

## EXCITING

## EVENTS AT OUR SENIOR HUB!

Be sure to visit our Facebook page to discover all the great happenings. You can find our Senior Hub at 14 Bowen Street, Feilding. For enquiries, feel free to call 06 323 2410.



### Feilding Senior Hub March

**Tuesday Morning:** 9.15am- Make-a-move aerobics class. 10.30am- Low Impact exercise class, Coffee afterwards. 11am – 2pm- Senior-net, tech help. Bookings required.

**Tuesday Afternoon:** 12pm- Low impact plus exercise class \$3pp. 11th March 1pm- Your digital toolbox with Senior-Net.

**Wednesday Morning:** Every wed 11.30am- Seated Body Balance exercise class \$3pp. 5th March at 9.30am – Bingo \$3per card. 12th March at 9.30am—Garden Group \$3pp. 19th March at 9.30am—Quiz \$5pp nibbles provided 26th March at 9.30am—Caring connections \$3pp tea & coffee provided.

**Thursday Morning:** 9.15am- Make-a-move aerobics class \$3pp. 10.30am- Low impact Exercise Class, Coffee afterwards \$3pp.

**Thursday Afternoon:** 27th March at 1pm- The importance of exercise with Lee. Talk and Q&A session.

#### The Importance of Exercise.

Thurs 27th March  
1pm  
With Lee

#### Giggling Gardeners

Wed March 12th  
9.30am  
\$3pp  
Coffee provided

#### Your Digital Toolbox

Tues March 11th  
1-2.30pm

First Topic  
**SCAMS**

#### Monthly Quiz

Wed March 19th  
9.30am  
\$5pp  
Nibbles provided

#### Caring Connections

Wed March 26th  
9.30am  
\$3pp Tea & coffee

Nothing is impossible, the word itself says  
"I'm possible!" - Audrey Hepburn.





## CHILD THERAPY ROOM



Manchester House offers the use of a Child therapy Room. The main purpose of this room is to create a safe and nurturing environment where children can express themselves through play. It serves as a space where therapists, Social Workers as well as other local community agencies can observe and interact with children on a one-on-one bases in a non-threatening manner, promoting healing and personal development.

### ROOM HIRE PRICE

- \$15 per hour plus GST
- \$35 Half a day plus GST
- \$65 per Day plus GST



Thank you to **Manawatu Woodworkers Guild** for crafting the stunning dollhouse for our Child Therapy Room. It will bring joy and be cherished for many years to come.

## ASAP HOLIDAYS APRIL 25

Full Day 5 to 11 hours \$45.00 Half Day 4 hours or less \$35.00

Please Book through Enrolmy

**MONDAY 14TH**

### DINOSAUR DAY

- Fossil Hunting
- Dinosaur Egg Making
- Cool Dinosaur Games

**TUESDAY 15TH**

### Making Pools

### PIZZA PARTY

**WEDNESDAY 16TH**

### Clayworks

### Playland

**THURSDAY 17TH**

### HAPPY EASTER

LARGE UP MANAGERIAL EASTER ACTIVITIES

**Tuesdays 12pm- 12.45pm**

**STARTING IN MARCH!**

## LOW IMPACT PLUS!



Need some added extra with your workout?  
Join us for a 45 min structured low impact class, we will be

- Using hand weights
- Resistance bands
- Balance focused
- Leg work with chairs
- Core strengthening
- With the same great fun!



**14 Bowen St  
Feilding  
\$3pp**



**ATTENTION ALL GOLFERS!  
WE INVITE YOU TO  
SUPPORT THIS AMAZING  
FUNDRAISER.  
ARE YOU BE INTERESTED IN  
DONATING ITEMS FOR OUR  
PRIZES OR AUCTION? IF  
YOU HAVE A TEAM AND  
WANT TO BOOST STAFF  
MORALE, RALLY BEHIND  
OUR LATEST FUNDRAISING  
EVENT!**

### MANCHESTER HOUSE Charity Golf Challenge FEILDING GOLF COURSE

1487 WAUGHS ROAD, AORANGI, FEILDING 4702

*This tournament is to support Manchester House Social Services which operates in the Manawatu. We provide people with access to the resources and assistance they need.*

**We have been operating in this area since 1972**

**FORMAT:** Ambrose (4 person team)

**DATE:** Tuesday 22nd April, 2025

**TIME:** 12 noon Shotgun start

**COST:** Entry Fee: \$100 per team of 4

**REGISTRATION & BBQ LUNCH (from 11am)**  
BBQ sponsored by Wendy Wu Tours

BBQ lunch provided  
Prizes and other fun on the day

END OF DAY: after play ends, there will be items auctioned and the raffle will be drawn

REGISTER NOW

or contact  
forcommunity@mhss.org.nz  
a registration form will be sent to you