



Manchester house Newsletter April 2024 Issue 37

Contact
68 Aorangi Street
po Box 349 Feilding
06 323 7191



**Please donate to
support families in
our community**

DONATE



By Eftpos/Cash at
68 Aorangi Street,
Feilding

By Internet Banking on
03 0626 0631496 002



*Manchester House recognizes
that it has been a year since
the passing of Kevin Darragh
in March. His absence
continues to be deeply felt.*



TIPS TO SAFEGUARD YOURSELF AND YOUR LOVED ONES FROM SCAMS



- Pause and consider: Is this legitimate?
- If at all worried talk to family and friends.
- Ensure links are safe before clicking – hover over them with your mouse and check the return email address.
- Remember, reputable companies will not request passwords or personal information via email, text, or phone. Delete or disconnect if you receive such requests.
- Terminate cold calls offering investments as they are illegal in New Zealand.
- If uncertain about a caller, hang up and verify their authenticity by contacting the official organization they claim to represent.
- End conversations and verify identities of unknown individuals encountered online, over the phone, or in person.
- Create strong and unique passwords, consider using a password manager.
- Avoid sending money to unfamiliar individuals or those you haven't met in person.
- Refrain from sharing personal information that could be exploited for identity theft.
- If you suspect a scam, cease all communication and refrain from making additional payments.

A huge thank you to the FMG team for generously volunteering their time to assist us in packaging products for the food bank. Their support was invaluable, allowing us to dedicate more time to serving our community.



Feilding Senior Hub April 2024

Tuesday Morning: 9.15am Make-a-move aerobics class **10.30am** Low Impact exercise class. Coffee afterwards. **11am– 2pm** Senior-net.

Tuesday Afternoon: 12.30pm Seniors seated body balance. \$3pp

Wednesday Morning: 3rd 10am– Bingo \$3per card. **10th 10am–** Craft session & Gardening group \$3pp. **17th 10am–** Monthly Quiz!

Wednesday Afternoon: 24th 1.30pm– Entertainment, The String alongs. \$5pp

Thursday Morning: 9.15am Make-a-move aerobics class \$3pp
10.30am Low impact Exercise Class. Coffee & chat afterwards \$3pp.

Thursday Afternoon: From 12.30 Arts Session (bring your own sup-

Monthly QUIZ!

17th April
10am Start

\$5pp

Great fun, coffee and nibbles provided.

For information call
Sandy or lee on
323-2410 or email
seniorhub@mhss.org.nz

Senior Net

Free Tech support.
Phone, computer,
tablet etc.

Bookings req.
Tuesdays 11- 2

Gardening Group

April 10th– every
2nd wed. 10am

Come have a coffee &
chat, give or get advice,
share or swap plants
and seedlings.

\$3pp

Wed 24th April The String Alongs!

Only \$5pp

Join us for some
fantastic live entertain-
ment!

Coffee & tea provided.

Only \$3 per card

BINGO!

April 3rd starts 10am

Lots of fun and prizes

Lets Talk Prescriptions!

-Wed 24th -10am -\$3pp

Small program charges apply



Thank you to
Knit and Natter
Manawatu

Who kindly donated
some winter woolies for
our clients.

Do you have any extra
paper bags lying
around?



Our Food bank
is running low and
could use them.
Kindly drop them off
at 68 Aorangi St.
Thank you.

Winter is on the way
Discover our range of
winter goodies at
our Op Shop situated
at 96 Fergusson St
Feilding.



Manchester House participated in the Feilding Whanau Day 2024.

MHSS enjoyed the
opportunity to connect with
our community. We organized
an Easter coloring
competition that attracted
many budding artists, and we
also served hundreds of
sausages.

